## Suicide Facts



80% of teens who die by suicide show warning signs



90% of teens who die by suicide have a mental health problem



More teens die by suicide than cancer, flu and AIDS combined



Suicide is the 2nd leading cause of death in people ages 10-34

## Suicide can be prevented.

It's up to everyone to learn the warning signs and reach out and help those with suicidal thoughts and feelings.

**National Suicide Prevention Lifeline** 800-273-8255



NEW DIRECTIONS® ndbh.com/suicide

Sources: National Alliance on Mental Illness; Lifespan